

Facts You Never Knew About Aloe Vera Now Revealed

The latest research by Dr. Ivan Danhof, Ph.D, M.D, who has researched, studied, and tested Aloe for the last 30 years (*the Barbadosis Miller, known as the true healing species of a vast variety of aloe plants*). Danhof's research had been combined with other scientific studies by researchers from around the world who have discovered that Aloe has over 300 nutrients. Previous to this compilation of research it was believed that the plant had a few over 200. They claim that this factor results in the fact the Aloe plant is indeed God's original botanical pharmacy. The Aloe has **NO SIDE EFFECTS** as many drugs and supplements can have.

Medical science has classed one of the deadliest epidemics of our lifetime as a silent killer **Metabolic Syndrome X**. Studies reveal that 35% of adults are suffering **Metabolic Syndrome X**, with the number growing rapidly. If you have:

- elevated blood sugar (*diabetes or borderline-diabetes*)
- extra fat around your middle
- high triglycerides (*too much fat in your blood*)
- raised blood pressure (*greater than 130/85*)
- reduced good HDL cholesterol
- if you don't move around much
- excessive joint and muscle pain

You can be assured that **Metabolic Syndrome X** is lurking silently increasing your risk of serious health problems. Researchers at the Biochemical Research Laboratory in Tokyo, Japan conducted a clinical trial of 70 people who were diagnosed as borderline diabetic. The study results found that regular intake of Aloe Vera helped reduce levels of blood sugar and glycated hemoglobin. Other double-blind studies published in the Phytomedicine revealed that of 78 people, after taking Aloe Vera daily for six weeks, their average blood sugar level declined 43% and triglyceride levels decreased 44%. The others who did not take Aloe Vera had an average increase of blood sugar level of 2.4% and an average increase in blood triglyceride level of 8.4%

In 1985, O.P. Aggarwal, M.D. completed a land mark 5-year study of 5,000 patients with heart disease. The patients took Aloe Vera at each meal and after 3 months 93% experienced significant overall improvement. Aloe Vera may help normalize your cholesterol and protect against arterial plaque.

Is all Aloe Vera the same? No! You can be assured that **Grace Optimum-Health Aloe Juice** is certified organic. There are no fertilizers, herbicides, and pesticides at the organic farm. It is also estimated that the majority of all Aloe Vera juice on the market has been heated destroying the enzymes, nutrients and

polysaccharides found in the plant; and many have added other ingredients to dilute the distinctive Aloe Vera flavor.

If you consume 2 oz or 60 ml of Grace Optimum-Health Aloe Juice daily at the full retail price of \$47.50, your cost would only be \$1.40. It is suggest that you take 60 ml with 2 ml of warm water first thing every morning for 1 week. Then increase this amount for 6 weeks to 2 ml with warm water before or with each meal. After the 6 week period, if feeling much better, reduce the amount to 2 ml with warm water 2X per day. Even if you triple the consumption by 2 oz (60 ml) 3X times daily, the cost would only be \$4.20, which is less than the average cup of coffee or sodas. A better choice might be to join as a wholesale buyer for only \$30 and receive a 25% discount. You might even ask your representative if you can buy it at even a cheaper price. Think about this: **“Is your health and wellbeing worth it? Only you can make that decision.”**

It is recommended that if you take **supplements** in the form of pills or liquid, you should always take them with the Aloe Juice that will supply the needed minerals and enzymes to activate the supplements for better absorption. It is important for you to understand that most all vitamin and mineral supplements on the market today do not include enzymes. Yet science has proven that vitamins, without minerals, and minerals without enzymes, are not absorbed and utilized by the body. It's like throwing money down the drain, so to speak. Many find that they can reduce a majority of additional supplements by **taking them with Grace Optimum-Health Aloe Juice**. Mostly likely you feel the difference in a very short while by following this procedure.

Listed below is a list of some of those 300 nutrients found in live, organic, pure Aloe Vera

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Lucille Flint



Garden of Eden's Original Botanical Pharmacy

Aloe Contains	Nutrients	Health Properties
Amino acids	Provides 20 of the 22 required amino acids and 7 of the 8 essential ones	Basic building blocks of proteins helps production of muscle tissue, etc.
Enzymes	Provides 8: Alliase, Alkaline Phosphatase, Amylase, Carboxypeptidase, Catalase, Cellulase, Lipase, Peroxidase	Helps break down food sugars and fats as it enhances nutrient absorption
Lignin	Cellulose based substance	Helps provides absorption and penetration up to 4x faster than water and permeates every cell in the body
Minerals & Electrolytes	Provides 16: Aluminum, Barium, Boron, Calcium, Chromium, Chloride, Cobalt, Copper, Germanium Iron, Magnesium, Manganese, Potassium, Selenium, Silicon, Sodium, Tin, Zinc	Essential for good health and helps proper system functioning within the body
Salicylic Acid	Aspirin-like compound	Natural, non-toxic analgesic or pain reliever
Saponins	Glycosides	Helps cleansing and is antiseptic
Sterols	Provides 5 main plant sterols	Helps provides anti-inflammatory and anti-diabetic properties
Sugars	Mono, Muco, and Poly saccharides consisting of Four major chains of daltons.	Active NK cells, anti-inflammatory, anti-viral, anti-fungal, and anti-yeast that helps immune modulation. Helps protect and repair your gut as it rebuilds the intestinal protective mucosa lining
Vitamins	A, B1,B2,B3,B5,B6,B12, Choline, E, Folic Acid	A, C, & E are antioxidants helps neutralize free radical. B12 required for red blood cell production, other B's are of major for health

Dr. Ivan Danhof, Ph D, M.D, considered as the foremost research of Aloe Vera published his book on Aloes in 1984.

From that research, quote: “Owing to the plethora of anecdotal reports suggesting the aloe vera gel accelerated wound healing, Dr. Danhof conducted a most interesting experiment was performed using human skin cells in tissue culture as the experimental model (cells derived from adult normal skin removed when a C-section is performed as well as many other sources). The surface cells of the epidermis of human skin are called keratinocytes, while the cells of the true skin dermis, found beneath the epidermis, are called fibroblasts, because they are implicated in the formation and deposition of collagen fibers which constitute 60% of human skin. The amount of growth is evaluated by counting the increase in cell number over a given period of time. Also, a measure of cell viability is determined by estimating the level of cellular uptake of a radioactive tracer. The table shows that YELLOW SAP at all four concentrations was HIGHLY TOXIC and KILLED the human fibroblasts in tissue culture. By comparison the control cells (no yellow sap added) showed normal expected growth at 100%. When Internal Aloe Gel (with no naturally occurring yellow sap known as ALOIN) was added to the human fibroblasts in tissue culture, even at the lowest concentration of gel; the new cells formed were more than twice the control number. At the highest concentration of internal gel, the cell number increased almost by nine-fold.”

ALOE MATERIAL	GROWTH RESPONSE AS A PERCENT USING HUMAN FIBROBLASTS			
CONCENTRATION	0.01%	0.10%	0.15%	030%
YELLOW SAP (Aloin)	TOTAL KILL	TOTAL KILL	TOTAL KILL	TOTAL KILL
ALOE INTERNAL GEL	233%	650%	795%	883%
CELL SIMULATION FACTOR	2.33%	6.50%	7.95%	8.83%